

## **Measures to Incorporate Public Health Benefits and Obesity Prevention Goals in Regional Blueprint Planning: Available Resources**

### **California Department of Public Health**

Coordinating Office for Obesity Prevention (CO-OP)

Website: <http://www.cdph.ca.gov/programs/Pages/CO-OP.aspx>

Staff Contact:

Lisa Hershey, MPH

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This office focuses on coordinating department-wide obesity prevention policy and program efforts. The following information is available on the CO-OP website:

- California Obesity Prevention Plan
- California Obesity Prevention Plan Executive Summary
- Department of Health Services Announcement of Plan

### **California Department of Public Health**

California Center for Physical Activity

Website: <http://www.caphysicalactivity.org/>

Staff Contact:

Jeffery Rosenhall, Project Coordinator

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The California Center for Physical Activity (Center) is a champion for creative solutions to increasing everyday activity in California and serves as an expert resource for California physical activity partners. The Center also helps communities create healthy, sustainable walk- and bicycle-friendly neighborhoods.

Projects of the Center cover the lifespan and help children through older adults become active and stay active - and have fun while they're at it! Efforts benefit:

- Children through [California Walk to School](#), [Safe Routes for Kids](#), and [School Siting](#) projects;
- All Californians by addressing the built environment and its impact on physical activity through [Healthy Transportation Network](#), [Walkable Community Workshops](#), and [Walkable Neighborhoods for Seniors](#) projects;
- Older adults through [California Active Aging Network](#) and [Walkable Neighborhoods for Seniors](#) projects;
- California's county public health agencies by providing focused [built environment training, mini-grants and resources](#).

The project for the last effort listed, the Local Public Health and the Built Environment (LPHBE) Network, provides opportunities for California's local public health departments that see the built

environment, community design, and transportation infrastructure as important factors in overall public health. The LPHBE project has worked with California’s local public health departments since 2005 and has delivered four annual cycles of mini-grants, numerous beginning and advanced level trainings, and bimonthly teleconferences.

The project aims to improve the built environment and community design capacity of local public health department leadership and staff. Local public health departments should have the tools and background to contribute to public discourse, workshops, and processes that impact land use decisions.

Below is a list of the local public health departments that have received mini-grant funding from the California Department of Public Health through the LPHBE Network project. Funding for training, staff time and mini-grants has been provided by the Center for Disease Control’s Preventive Health and Health Services Block Grant. Included in this list is contact information for county leads within each participating local public health department. Please coordinate with these contacts to engage public health stakeholders in your regional area.

If there is not a specific local contact that falls within your region, please access the local health department through the California Conference for Local Health Officers website at <http://www.cdph.ca.gov/programs/CCLHO>.

<b>2005 - 2008 California Department of Public Health LPHBE Grantee Contact Summary</b>	
<p><b>Alameda County</b>                      Brooke Kuhn, MS, CHES                      Physical Activity Consultant                      Alameda County Public Health Department                      3600 Telegraph Ave., Ste. B                      Oakland, California 94609                      510-595-6482 phone                      510-595-6486 fax  <a href="mailto:Brooke.Kuhn@acgov.org">Brooke.Kuhn@acgov.org</a></p>	<p><b>Contra Costa County</b>                      Tracey Rattray, MPH, MSW                      Community Wellness and Prevention Program                      Contra Costa Health Services                      597 Center Ave, Suite 125                      Martinez, CA 94553                      925-313-6835 phone                      925-313-6840 fax  <a href="mailto:trattray@hsd.co.contra-costa.ca.us">trattray@hsd.co.contra-costa.ca.us</a></p> <p>Nancy Baer, MSW                      Injury Prevention and Physical Activity Promotion                      Projects                      Contra Costa Health Services                      597 Center Ave. Suite 115                      Martinez, CA 94553                      925-313-6837 phone                      925-313-6840 fax  <a href="mailto:nbaer@hsd.co.contra-costa.ca.us">nbaer@hsd.co.contra-costa.ca.us</a></p>
<p><b>El Dorado County</b>                      Jason Eberhart-Phillips, MD, MPH                      Public Health Officer                      Department of Public Health                      El Dorado County, California                      530-621-6277  <a href="mailto:jeberhart-phillips@edcgov.us">jeberhart-phillips@edcgov.us</a></p>	<p><b>Fresno County</b>                      Rosemarie Amaral                      Health Educator                      Fresno County Department of Community Health                      P.O. Box 11867                      Fresno, CA 93775                      559-445-3276  <a href="mailto:ramaral@co.fresno.ca.us">ramaral@co.fresno.ca.us</a></p>

<p><b>Glenn County</b>          Scott Gruendl, Director          Glenn County Health Services Agency          242 North Villa          Willows, CA 95988          530-934-6582 desk          530-624-0506 mobile          530-934-6592 fax  <a href="mailto:sgruendl@glenncountyhealth.net">sgruendl@glenncountyhealth.net</a></p>	<p><b>Kern County</b>          Daniel H. Kim, Jr., MPH, CHES          Director of Health Promotion and Public Information          Kern County Department of Public Health          661 868-0326 phone          661 868-0263 fax  <a href="mailto:kimd@co.kern.ca.us">kimd@co.kern.ca.us</a></p> <p>Avtar Nijjer-Sidhu, Ph.D., R.D.          Community Health Capacity Building Specialist          Kern County Department of Public Health          661-868-0328 phone          661-868-0263 fax  <a href="mailto:avtar@csufresno.edu">avtar@csufresno.edu</a></p>
<p><b>Kings County</b>          Michelle Bieber          Nutrition Services Manager          Kings County Department of Public Health          330 Campus Drive          Hanford CA 93230          559-582-3211 ext 2588 phone          559-587-9144 fax  <a href="mailto:Mbieber@co.kings.ca.us">Mbieber@co.kings.ca.us</a></p>	<p><b>Los Angeles County</b>          Eloisa Gonzalez, MD, MPH          Director, Physical Activity Program          Los Angeles County Department of Health Services          3530 Wilshire Boulevard, Suite 800          Los Angeles, CA 90010          213-351-7887 phone          213-351-2707 fax  <a href="mailto:elgonzalez@ladhs.org">elgonzalez@ladhs.org</a></p>
<p><b>Mendocino County</b>          Linda Helland          Health Educator          Mendocino County Dept. of Public Health          1120 S. Dora          Ukiah, CA 95482          707-472-2727 phone          707-472-2735 fax  <a href="mailto:hellandl@co.mendocino.ca.us">hellandl@co.mendocino.ca.us</a></p>	<p><b>Mono County</b>          Lynda Salcido, Director          Mono County Public Health          PO Box 3329          Mammoth Lakes, CA 93546          760-924-1842 phone          760-924-1831 fax  <a href="mailto:lsalcido@mono.ca.gov">lsalcido@mono.ca.gov</a></p>
<p><b>Nevada County</b>          Heather Bullis, Health Educator          Nevada County Public Health Department          500 Crown Point Circle Ste. 110          Nevada City, CA          530-265-1424  <a href="mailto:Heather.Bullis@co.nevada.ca.us">Heather.Bullis@co.nevada.ca.us</a></p> <p><i>Current Program Manager: Galen El-Askari</i>  <a href="mailto:galen.el-askari@co.nevada.ca.us">galen.el-askari@co.nevada.ca.us</a></p>	<p><b>Plumas County</b>          Dorette English, Health Education Coordinator          Plumas County Public Health Agency  <a href="mailto:doretteenglish@countyofplumas.com">doretteenglish@countyofplumas.com</a>          270 County Hospital Road, Suite 206          Quincy, CA 95971          530-283-6366 phone          530-283-6425 fax  <a href="mailto:doretteenglish@countyofplumas.com">doretteenglish@countyofplumas.com</a></p>

<p><b>Riverside County</b>  Susan Harrington, MS, RD  Director  Riverside County Department of Public Health  4065 County Circle Drive, Suite 412  Riverside, CA 92503  951-358-7036 phone  951-358-4529 fax  <a href="mailto:sharring@co.riverside.ca.us">sharring@co.riverside.ca.us</a></p> <p>Michael Osur, MBA  Deputy Director Public Health  4065 County Circle Drive, Suite 302  Riverside, CA 92503  951-358-5074 phone  951-358-5120 fax  <a href="mailto:mosur@co.riverside.ca.us">mosur@co.riverside.ca.us</a></p> <p>Sandy Wales-Jackson, BS  Public Health Program Coordinator  4065 County Circle Drive, Suite 207  Riverside, CA 92503  951-358-5898 phone  951-358-7175 fax  <a href="mailto:swales@co.riverside.ca.us">swales@co.riverside.ca.us</a></p>	<p><b>Sacramento County</b>  Teri H. Duarte, MPH, RD  Director, WIC Program  Sacramento County Dept of Health &amp; Human Services  2251 Florin Road, #100,  Sacramento, CA 95822  916-427-9062 phone  916-395-7314 fax  <a href="mailto:duartet@sacounty.net">duartet@sacounty.net</a></p>
<p><b>San Bernardino County</b>  Betsy Cline, RD, MPH  Nutrition Program Manager  San Bernardino County Dept. of Public Health  351 N. Mountain View Ave., #104,  San Bernardino, CA 92415  909-387-6859 phone  909-387-6899 fax  <a href="mailto:bcline@ph.co.san-bernardino.ca.us">bcline@ph.co.san-bernardino.ca.us</a></p>	<p><b>San Diego County</b>  Tracy Delaney, PhD., RD  Public Health Nutrition Manager  Maternal, Child &amp; Family Health Services Health &amp; Human Services Agency  3851 Rosecrans Street (MS: P511H)  PO Box 85222  San Diego, CA 92186-5222  619-542-4041  <a href="mailto:tracy.delaney@sdcounty.ca.gov">tracy.delaney@sdcounty.ca.gov</a></p>
<p><b>San Francisco County</b>  Ginger Smyly, MPH  Deputy Director, Community Programs (Prevention)  San Francisco Department of Public Health  30 Van Ness, Suite 2300  San Francisco, CA 94102  415-581-2425 phone  415-581-2490 fax  <a href="mailto:ginger.smyly@sfdph.org">ginger.smyly@sfdph.org</a></p> <p>Christina Goette Carpenter, MPH  Health Promotion Consultant  Community Health Promotion and Prevention  30 Van Ness, Suite 2300  San Francisco, CA 94102  415-581-2422 phone  415-581-2490 fax  <a href="mailto:Christina.Carpenter@sfdph.org">Christina.Carpenter@sfdph.org</a></p>	<p><b>San Mateo County</b>  Michelle Oppen  San Mateo County Health Department  Health Policy, Planning and Promotion Unit Third Floor,  225 37th Avenue  Room 300 San Mateo, CA 94403  650-573-2507  <a href="mailto:moppen@co.sanmateo.ca.us">moppen@co.sanmateo.ca.us</a></p>

<p><b>Shasta County</b>          Andrew Deckert, MD, MPH          Health Officer          Shasta County Public Health          2650 Breslauer Way          Redding, CA 96001-4297          530-225-5594 phone          530-225-3743 fax  <a href="mailto:adeckert@co.shasta.ca.us">adeckert@co.shasta.ca.us</a></p> <p>Minnie Sagar, MPH          Community Development Coordinator          Shasta County Public Health          2650 Breslauer Way          Redding, CA 96001          530-225-5192 phone          530-225-3743 fax  <a href="mailto:msagar@co.shasta.ca.us">msagar@co.shasta.ca.us</a></p>	<p><b>Solano County</b>          Robin Cox, MPH,          Health Education Manager          Solano County Health &amp; Social Services          Department          275 Beck Street, MS 5-240          Fairfield, CA 94533          707-784-8600 phone          707-421-6618 fax  <a href="mailto:rcox@solanocounty.com">rcox@solanocounty.com</a></p>
<p><b>Sonoma County</b>          Lynn Walton, Program Manager          Prevention &amp; Planning Division          Sonoma County Department of Health Services          475 Aviation Blvd. Suite #210          Santa Rosa, CA          95403          707-565-6682 phone          707-565-6619 fax  <a href="mailto:lwalton@sonoma-county.org">lwalton@sonoma-county.org</a></p>	

**Dr. Richard Joseph Jackson**

University of California, Berkeley  
 School of Public Health  
 Environmental Health Sciences  
 Website: <http://ehs.sph.berkeley.edu/people/jackson.htm>  
 Email: [dickjackson@berkeley.edu](mailto:dickjackson@berkeley.edu)

- Teaching - Public Health and the Built Environment
- Research - Health policy as it is shaped by housing, transportation, agricultural, environmental, economic policy. Specific effects of toxic chemicals on health, especially that of children. Biomonitoring of chemical body burdens and health. Pesticides and human health.

**United States Department of Health and Human Services**

Centers for Disease Control and Prevention  
 Environmental Health  
 Website: <http://www.cdc.gov/healthyplaces/default.htm>

Some helpful site resources found on the website:

- About Healthy Places
- Additional Resources

- Publications and Selected Current Projects
- Related Articles (full articles provided in PDF format)
- Terminology

Some health topics discussed on the website:

- Accessibility
- Healthy Community Design
- Health Effects of Gentrification
- Health Impact Assessment
- Injury
- Mental Health
- Physical Activity
- Respiratory Health
- Social Capital
- Water Quality

### **Pacific Institute**

Website: <http://www.pacinst.org/>

Staff Contact: Swati Prakash, Program Director

Phone: (510) 251-1600

Email: [swati@pacinst.org](mailto:swati@pacinst.org)

The Pacific Institute is a nonpartisan research institute that works to advance environmental protection, economic development, and social equity.

Some programs and initiatives on the website:

- Water
- Community Strategies for Sustainability and Justice
- Climate Impacts and Adaptation

### **Center for Race, Poverty and the Environment**

Website: <http://www.crpe-ej.org/>

Staff Contact:

Daniela Simunovic, Community Organizer

Phone: (661) 720-9140

The Center on Race, Poverty & the Environment (Center) is a national environmental justice legal organization with offices in San Francisco and Delano, California. The Center provides legal and technical assistance to grassroots groups in low-income communities and communities of color fighting environmental hazards.

Some information available on the website:

- Campaigns
- Clients
- Cases
- Resources/Publications